

**SPRING
EDITION**

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A publication of the
Napa Valley Fellowship of
Alcoholics Anonymous



napa valley

i n t e r g r o u p N E W S

NEW NEWS

These are some updates
about what is going on in
Napa Valley AA

INTERGROUP

Update

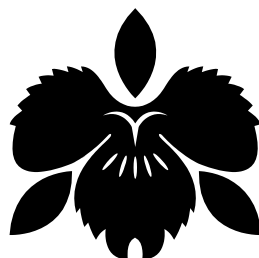
Central Office Closed

Intergroup meeting
**SECOND SATURDAY
OF THE MONTH**
CROSS WALK CHURCH
2590 First Street, Napa

Check out

aanapa.org

Your resource site for
Alcoholics Anonymous
In
Napa Valley



Editorial:

On the 4th Tradition

By Bill

*"With respect to its own af-
fairs, each AA group should be
responsible to no other author-
ity than its own conscience.*

*And no group, regional com-
mittee, or individual should
ever take any action that might
greatly affect AA as a whole
without conferring with the
trustees of The Alcoholic
Foundation. On such issues
our common welfare is para-
mount.".....*

The first sentence of Tradition
4 guarantees each AA group
local autonomy. With respect
to its own affairs, the group
may make any decisions, adopt
any attitudes that it likes. No
over-all or intergroup authority
should challenge this primary
privilege. We feel this ought
to be so, even though the
group might sometimes act
with complete indifference to
our tradition.

Taken from an editorial that
Bill Wilson wrote for the
Grapevine.
Copyright The AA Grapevine,
Inc.
March 1948

NEED SUPPORT

Meetings in the area that
could really use our support!
Yountville-
Tuesday-NERB at 6pm
Friday -Chosen Ones at 7pm
Napa-
Thursday- Ought Never Be
Organized 12noon
Friday-Open Book Group
12:15pm
Saturday-Unity Service Re-
covery at 6:45
Check meeting schedule for
locations!

UPCOMING WORKSHOPS



ANONYMITY IN THE DIGITAL AGE

Chaired by TJ
April 30th
Location TBA

DEALING WITH DEPRESSION IN SOBRIETY

Chaired by Jim W
May 22nd
Location TBA

TOOLS OF SOBRIETY

Chaired by Suzie S
Time and Location
TBA

District Calendar

April 9-10 Pre-Conference Assembly,
Ferndale

May 1-7 General Service Conference,
New York

May 21 Post Conference Assembly,
Antioch

August 13, Summer Assembly
Vacaville

August 19, 20, 21 2011

2011 Pacific

"Additional"

Regional Forum

With our US/Canada General Service Board

Warner Center Marriott

21850 Oxnard Street

Woodland, Hills, CA

(818) 887-4800

November 5, Fall Assembly,
San Francisco

District Meeting
FIRST SATURDAY OF THE MONTH
Yountville



SAVE THE DATE

UNITY DAY

JUNE 18

Mary S. will chair the event...

call (707)953-2884 or

Email marysikes@gmail.com

to volunteer ~

FUN *FOOD* DANCING

THANKS TO EVERYONE WHO SUPPORTED AND VOLUNTEERED AT
CENTRAL OFFICE

**Service
an Important tool**

**.....MY EXPERIENCE AT THE PACIFIC REGION
ALCOHOLIC ANONYMOUS SERVICE ASSEMBLY
(PRAASA)**

The purpose of PRAASA is to develop greater unity among the members, groups and Areas of the Pacific Region; to encourage the exchange of ideas and experiences; and to provide an opportunity for members to discuss pertinent aspects of AA.

When I made myself "available" to serve my Home Group as their General Service Representative (GSR), I did so after watching the work my predecessor had done in General Service and making the decision that I could also do this level of Service. Being the connection between my Home Group and the General Service Office (GSO) in New York brought new meaning and enthusiasm to my sobriety. My Home Group puts money aside from the 7th tradition basket to ensure that the GSR will represent them at four Area Assemblies and PRAASA every year. After serving my two years as a GSR with trips to eight Assemblies and two PRAASA's, my desire to continue to serve remained and I made myself available for the position of District Committee Member (DCM) where I began serving our District as a voting member of the California Northern Coastal Area. This involved more Assemblies and PRAASA's. I am now in my first year as District Committee Member Chair (DCMC) and have just returned from my fifth PRAASA that was held this year in Honolulu, Hawaii.

The trip began Thursday with a 5:30 AM pick-up of my traveling companion, a GSR that is serving my Home Group, and a coffee fueled trip to Oakland to catch an 8:45 flight to Honolulu. We arrived at the host hotel at 2:00 PM and began seeing others from our Area that were full of excitement for the Assembly. An evening AA meeting was held at the hotel and was well attended with the topic being Gratitude. Friday morning 7:00 AM and only five hours until PRAASA. Members from the nine states that make up the Pacific Region are all here and ready to go and at 12:45 we have taken our seats in the Ballroom and the Conference is opened by our Pacific Region Trustee, Rod B. from Area 69, Utah. Rod is the first Native American to hold the position of Trustee. The afternoon session is packed with presentations from various members representing all of our fifteen Areas of the Pacific Region and our guests from

British Columbia/ Yukon. Topics surround the upcoming Agenda of the General Service Conference in New York to be held May 1-7. The session closes for dinner at 5:45 and resumes at 8:00 PM for roundtable discussions designed to give specific Service entities such as, GSR's, DCM's, Public Information/Cooperation with the Professional Community, Treasurers, Intergroup etc., an opportunity to exchange ideas. These sessions run until 11:00PM. Saturday begins early with sessions at 8:00 AM until 5:15, optional banquet at 6:30 followed by an open Speaker Meeting with Rod B., our Trustee sharing his experience, strength & hope. At 10:00 there are more roundtables until 11:00 or later. A highlight of Saturday's activities was the Pacific Regions Trustee Report where it was announced that Napa District 11's own Nancy H., who currently serves as a Non-Trustee Director of the Grapevine Board, was recommended to serve a four year term as General Service Trustee. Sunday morning at 8:00 AM the final session is held and the Assembly closes at 12:00. Our flight home was set for Monday at 2:30 and for the afternoon on Sunday I took the City Bus that circled the island. Monday morning was spent saying goodbye to friends and getting out to the airport for the flight home.

I arrived at my home at 11:30 PM Monday night. Tired, Grateful for the experience and with a firm commitment to do the best job I can representing Napa District 11.

Our District purchased a complete set of the Conference CD's and they are available through our Literature Chair TJ P. or call Randy C. at 707.812.2831, and again thank-you to all of you who made it possible for me to attend PRAASA 2011.

Randy Compton
District 11
District Committee Member Chair



GREETER.....an important responsibility

When I first walked into an AA meeting, I was greeted by friendly person who introduced themselves and made me feel welcome. As I sat there, my shyness overtook me and I wondered how I would ever get to know anyone. I continued to come to the meetings and tried to remember peoples names. I shared my dilemma of shyness and not sharing with my sponsor. She didn't miss a beat, she insisted that I take a commitment as a Greeter.

I did as my sponsor instructed and it changed everything. Suddenly not only was I getting to know everyone in the Fellowship, they were getting to know me. I became "a part of" and began sharing so people could hear my story and get to know me.

Being a greeter was an integral part of the beginning of my recovery
Jeanie P

**Opportunities
To be of
Service**

AA Answering Service Hotline

Jim Wall
(4 15) 497-8848

**Bridging the GAP
Speakers needed**

Contact
Leilani
707 934-5812

**Come and get involved
Young Peoples meeting**
First United Methodist Church
5th and Randolph ST.
Wednesday-7:30pm

also
NAPYPAA

Business meeting
1st & 3rd Wednesday
6:00

Come to get into service and have
FUN IN SOBRIETY

H& I

SERVICE OPPERTUNITIES
First Friday of the Month
SEA SCOUTS HALL

**PLEASE CONTACT JEAN C WITH MEETING
SCHEDULE CHANGES
(707) 980-1177**

**PUBLIC INFORMATION
LEARN TO SPEAK ABOUT AA
IN THE COMMUNITY
CONTACT BILL MC.
707 253-1712**

WHAT WE DO

Public Information carries the message by getting in touch with the media, schools, industry, and other organizations, and relaying the nature and purpose of A.A. and what it can do for alcoholics.

- Place literature racks in high schools, libraries, police stations, hospitals and keep stocked with current literature and meeting schedules
- Be sure every public library has at least one Big Book, 12 & 12 and Living Sober
- Contact local schools, nursing homes and churches, offering to provide literature or to make presentations
- Respond to speaking requests for non AA meetings within the area
- Place Public Service Announcements with local radio and television stations

NAPA VALLEY

Ongoing activities

Check out the new info on these familiar ongoing activities. Many are new locations

Beginner's Meeting	Every Monday	7:30 pm	625 Randolph St., Kagawa Rm, Napa
Birthday Meeting	Last Friday of the Month	7 pm	Crosswalk Church, 2590 First st. Napa
H&I Business Meeting	First Friday of the Month	6:45 pm	SEA SCOUTS HALL
District 11 Meeting	First Saturday of the Month	10 am	Yountville Vets Home, Section A
Intergroup Meeting	Second Saturday of the Month	10 am	CROSSWALK CHURCH
Saturday Speaker Meeting	Every Saturday night	8 pm	625 Randolph St., Methodist Church, Napa