

# Winter EDITION

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A publication of the  
Napa Valley Fellowship of  
Alcoholics Anonymous

# napa valley

i n t e r g r o u p N E W S

CENTRAL OFFICE HOURS  
M,W, F 10-2  
Saturday's 1-5  
68 Coombs,  
bldg D room 4  
Napa CA  
Phone # 258-8295  
AANapaValley.org

## TOOLS OF SOBRIETY



## Staying away from a drink One Day at a Time

1. Twenty-four hour plan
2. (one-minute at a time if necessary)
3. Never get Hungry, Angry, Lonely, or Tired.
3. Go to a meeting
4. Call another Alcoholic
5. Get a sponsor

## NEW NEWS

These are some updates  
about what is going on  
in Napa Valley AA

### INTERGROUP Elections 12/11/2010

New IG officers!  
WELCOME

*In the spirit of rotation*

**John Kent-Treasurer**

**Sara F-Hotline Chair**

**Literature-T.J.**

**Literature-Jean C**

**Recording Secretary-Rayna**

### THANK YOU for your Service

**Brenda M** outgoing  
Secretary

**John Kent** outgoing  
Hotline chair

**Janet S** outgoing  
Literature

**Jerry Q** outgoing  
Literature

**Arnie S.** outgoing  
Treasure

### WEB MASTER REPORT

The Napa Valley AA Fellowship website address is [www.aanapa.org](http://www.aanapa.org). The website is up to date. Please forward me any changes to meeting times, or any flyers or information that you would like me to post on the website.

JOHN G. [aanapa.org](http://aanapa.org)

Look for meeting schedules  
online or visit the  
central office

68 Coombs,  
bldg D room 4  
Napa Ca

### INTERGROUP CHAIR REPORTS

#### Anniversary Party 2010 Chair-Dan W & Paul R

More than 400 attended  
Venue too small  
People were loud during speaker  
Great food  
P90 contributed food , THANKS  
More support for kids area needed  
Set up was smooth, took about 4 hours  
Clean-up needed more support  
It was noted that combination of birthday meeting with Anniversary Party is not recommended for next year  
Total expense 928.97  
Rent has yet to be determined

H&I Chair, John B.-

#### Committee Meeting Information

H&I budgets are available

Please attend the  
business meeting

First Friday of every month at

68 Coombs 6:430 pm

Questions?

John B will be happy to discuss H&I  
finances  
(707)494-8409

We are not a glum lot!

### ALKATHONS WERE A HUGE SUCCESS

**Jim Wall**

**Alkathon Chair for Thanksgiving**

**Paige and Russ**

**Alkathon Chairs for Christmas**

**Elisabeth B.**

**Alkathon Chair for New Years**

All Alkathons provided food,  
meetings , coffee and Fellowship

### General Service Calendar

January 22-

Area Committee Meeting-Petaluma

February 19-

Agenda Topic Workshop-Santa Rosa

February 26-Area Committee meeting -Petaluma

March 4-6 PRAASA-Honolulu

March 26-Area Committee Meeting-Petaluma

April 2-District Meeting -Yountville

April 9-10 Pre Conference Assembly-Ferndale

### Elected officers for District 11 Congratulations

DCMC- Randy

AH DCMC Bill Mc

DCMC Sub District 1(Napa)-Andy K

DCMC Sub District 2(Up Valley)-Marcy G

Recording Secretary-Thom H

Registrar-Mary S

Beginners Meeting-Sandy S

Literature TJ Perry

Archives Jim B

**UNITY DAY is Coming up in June!**

**Mary S. will chair the event...call**

**(707)953-2884 or**

**Email [marysikes@gmail.com](mailto:marysikes@gmail.com)**

**to volunteer**

**More information about the venue  
and date in the Spring Newsletter~**

**Beginners Meeting**

**7:30-PM**

**625 Randolph St.,**

**Kagawa Room**

**Napa**

**A great place to get your sobriety  
tools sharpened**



# Unity Service Recovery

**SERVICE  
AN IMPORTANT TOOL  
GENERAL SERVICE REPRESENTATIVE  
RESPONSIBILITY**

**The Never Ending Conference Process**

The General Service Conference began in 1951 when Bill W. and Dr. Bob turned the affairs of AA over to the groups. It has never ended; there is always something to do. I have attempted to set down a monthly calendar of a GSR's responsibilities from my experience in General Service.

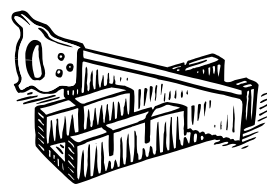
January The Trustees hold a quarterly meeting where they decide the agenda topics for each Conference committee. If we have been paying close attention in the past year we should know the majority of the topics that will be discussed by the Conference committees. This is a good time to ask your group to set aside extra time for sharing sessions in the coming months in order to discuss the agenda topics. This is also when you should be confirming your reservations to PRAASA.

February The final list of Conference Committee Agenda Topics is released. GSO tries to get the

agenda topics and their corresponding background material mailed to the Area delegates by the 15 Our Delegate attempts to have 29 copies (22 districts and 7 other area officers) available at the February Area Committee Meeting. This is a change in the way we formerly were given the information. At one time the Trustees only wanted yes or no answers to the particular questions. We once had an Area Delegate who asked the Trustees to send him the questions and he would return our response by mail in order to save time and travel expense. In 1991 when I became a GSR there was not any background material made available to me at the district level. Today you spend hours reading, asking questions and discussing the agenda topics with other trusted servants so that you can make sure your group has the information needed to reach an informed group conscience. If this is a new panel, are you receiving CNCA Comments and

Box 459? March Your DCMC has the Conference Committee Agenda Topics and background material available. You look at which topics appear on the final agenda that we had not anticipated and decide which of these are appropriate for your group to discuss. The Pacific Regional Alcoholics Anonymous Service Assembly (PRAASA) is held the first weekend in March each year at a different location throughout the Pacific Region. PRAASA is an opportunity to hear presentations on the agenda topics. After each presentation you can participate in the discussion at the microphone. It also a place to talk with the GSO staff and ask any question that you may have regarding AA. If you can not attend PRAASA ask your district representative to PRAASA or anybody else who might be attending to gather information for you.

April The Pre-Conference Assembly is your groups opportunity to pass along their group conscience to the Area Delegate and everybody who attends the assembly. The GSR and the alternate GSR should both attend. The alternate can take notes while the GSR is in line at the microphone. The alternate could also give the groups conscience on an item or two, to get some experience at the microphone. This is a time to listen. I have learned as much by listening to the consciences of other groups as I have by taking part in the process at my home group. You then get to report back to your home group the interesting views that were presented...**TO BE CONTINUED!**



**INTER GROUP REPRESENTATIVE  
RESPONSIBILITY**

The I.G.R. is elected by his group. She/he attends the monthly Intergroup Meeting on the 2nd Saturday of each month, 10:00am, which keeps a two-way flow of information between the Intergroup Office and the groups. She/he then attends the business meeting of his group and asks for suggestions, comments, and opinions to take to the next Intergroup Meeting. The I.G.R. is the group's link to those elected to maintain and support services in the Napa Valley.

The Intergroup Steering Committee is comprised of A.A. members elected by Intergroup Representatives, at the December Intergroup Meetings, for a 2 year term. Not all Chair's rotate each year so that there always is support. In this vein, the monthly Intergroup meeting may be compared to a shareholders meeting. It is at this meeting that each group's wishes can be made known through its elected representative.

**As an I.G.R., you can do a number of things to serve your group and Alcoholics Anonymous.**

- 1** Attend the Intergroup Meetings.
- 2** Encourage your group to elect an Alternate Intergroup Representative who can attend the monthly meeting in case you can't.
- 3** Arrange with your group's Secretary for a few minutes for you to report OBJECTIVELY and WITHOUT BIAS what Intergroup is doing so the group can render a Group Conscience when asked to do so.

**COMMUNICATION**

Communication is the key to working together—  
It is important to share ideas and discuss activities so as to avoid duplication of effort.....what is important is that the work gets done and that the help is there for the next alcoholic who needs us and our fellowship.....  
*A.A.® Guidelines Central or Intergroup Offices from G.S.O*

*Opportunities  
to be of **SERVICE***



**AA Answering Service Hotline**  
SARA F- (415) 374-1513  
filiaultma@live.com

**Volunteers are needed**

**CENTRAL OFFICE HOURS**  
M,W, F 10-2  
Saturday's 1-5  
Volunteer Positions  
Central Office Manager-  
1 year sobriety  
10-20 hours/week  
Central office worker-  
Suggested sobriety  
Six months  
**Interested?**  
Molly T-(707)758-0688  
Elisabeth B-(707)738-0606

**Come and get involved**  
**Young Peoples meeting**  
First United Methodist Church  
5th and Randolph ST.  
Wednesday-7:30pm  
also

**NAPYPAA**

Business meeting  
1st & 3rd Wednesday  
6:00  
Come to get into service and have  
**FUN IN SOBRIETY**

H&I  
**SERVICE OPPERTUNITIES**  
First Friday of the Month  
**CENTRAL OFFICE**  
68 Coombs @ 6:45



**PLEASE CONTACT JEAN C WITH MEETING  
SCHEDULE CHANGES  
(707) 980-1177**

**SERVICE COMES IN MANY FORMS**

Sharing at meetings  
Offering a ride to a fellow alcoholic  
Attending business meetings  
Suiting up and showing up whenever needed

**NAPA VALLEY**

*Ongoing activities*

*Check out the new info on these familiar ongoing activities. Many are new locations*

Beginner's Meeting	Every Monday	7:30 pm	625 Randolph St., Kagawa Rm, Napa
Birthday Meeting	Last Friday of the Month	7 pm	Crosswalk Church, 2590 First st. Napa
H&I Business Meeting	First Friday of the Month	6:45 pm	68 Coombs St. Bldg. D Room 4 ., Napa
District 11 Meeting	First Saturday of the Month	10 am	Yountville Vets Home, Section A
Intergroup Meeting	Second Saturday of the Month	10 am	68 Coombs St. Bldg. D Room 4
Saturday Speaker Meeting	Every Saturday night	8 pm	625 Randolph St., Methodist Church, Napa