

# Napa Valley Intergroup Agenda

## June 10, 2017

<b>10:00 AM</b>	Opening, <i>page 1</i>
<b>10:15 AM</b>	Monthly Tradition Reading & Discussion, <i>page 1</i>
<b>10:20 AM</b>	Housekeeping Motions & 7 <sup>th</sup> Tradition, <i>page 1</i>
<b>10:40 AM</b>	Officer Reports, <i>page 2-7</i>
<b>10:45 AM</b>	Liaison Reports, <i>page 7</i>
<b>10:55 AM</b>	Committee & Event Reports, <i>page 7-11</i>
<b>11:00AM</b>	<b>10 min Break</b>
<b>11:10 AM</b>	Old Business, <i>page 12</i>
<b>11:20 AM</b>	New Business, <i>page 12</i>
<b>11:30 AM</b>	Discussion Items <i>page 12</i>
<b>11:40 AM</b>	Review Items under 'Take Back to Your Groups', <i>page 13</i>
<b>12:00 PM</b>	Closing Statement, <i>page 13</i>

### **Opening**

- Moment of Silence & Serenity Prayer
- New Intergroup Reps/ New Comer Packets:
- Introductions and your position: Officers, Reps, Visitors
- Sobriety Birthdays This Month:
- Last month's minutes (Yellow Copy) & Agenda on the Table (White Copy)
- Minutes are approved unless there are any objections.
- Pass the sign-in sheet \*Service Sponsor

**Service Sponsorship-** During our Intergroup Inventory, question 4 asked: "Do we emphasize the importance of service sponsorship? How effectively? How can we do better?" Over the last ten months we took an informed group conscious and took action. Moving forward we will simply ask if anybody is available to be a Service Sponsor? And to please put your name down on the sign up sheet.

Donna R. Has agreed to read a portion of AA literature regarding qualifications:

### **Service Sponsorship**

#### **\*From Questions and Answers on Sponsorship" P-15**

. . . A.A. service is anything whatever that helps us to reach a fellow sufferer — ranging all the way from the Twelfth Step itself to a ten-cent phone call and a cup of coffee, and to A.A.'s General Service Office for national and international action. The sum total of all these services is our Third Legacy of Service. — The A.A. Service Manual/Twelve Concepts for World Service, page S1. Sponsorship in A.A. is basically the same, whether helping another individual's recovery or service to a group. It can be defined as one alcoholic who has made some progress in recovery and/or performance in service, sharing this experience with another alcoholic who is just starting the journey. Both types of service spring from the spiritual aspects of the program. Individuals may feel that they have more to offer in one area than in another. It is the service sponsor's responsibility to present the various aspects of service: setting up a meeting; working on committees;

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participating in conferences, etc. In this matter it is important for the service sponsor to help individuals understand the distinction between serving the needs of the Fellowship and meeting the personal needs of another group member. A service sponsor is usually someone who is knowledgeable in A.A. history and has a strong background in the service structure. The A.A. member is introduced to a new language: G.S.R., D.C.M., area assembly, minority opinion. They will become familiar with the Traditions, Concepts and Warranties, as well as The A.A. Service Manual/Twelve Concepts for World Service, 26 Alcoholics Anonymous Comes of Age and other A.A. literature. The service sponsor begins by encouraging the member to become active in their home group— coffee, literature, cleanup, attending business or intergroup meetings, etc. The service sponsor should keep in mind that all members will not have the desire or qualifications to move beyond certain levels and, thus, the service sponsor might help find tasks appropriate to individuals' skills and interests. Whatever level of service one performs, all are toward the same end — sharing the overall responsibilities of Alcoholics Anonymous. Eventually, the service sponsor encourages the individual member interested in this form of service to attend district meetings and to read about the history and structure of Alcoholics Anonymous. At this point, the individual beginning this work should begin to understand the responsibilities of service work, as well as feel the satisfaction of yet another form of Twelfth Step work. Such individuals should be encouraged to take an active part in district activities and consider being elected to alternate positions in the district so as to learn about the responsibilities of various jobs in the service structure. During this process it is important for the individual to continue to learn about the Three Legacies — Recovery, Unity and Service, and to understand that the principle of rotation not only allows them to move on in service, but also gives newer members the privilege of serving. Rotation also allows them to understand that no one should hold on to a position of trust long enough to feel a proprietary interest and thereby discourage newcomers from service. Co-founder Dr. Bob said, "I spend a great deal of time passing on what I learned to others who want and need it badly. I do it for four reasons:

1. Sense of duty.
2. It is a pleasure.
3. Because in doing so I am paying my debt to the man who took time to pass it on to me.
4. Because every time I do it I take out a little more insurance for myself against a possible slip." The basis of all sponsorship is to lead by example. Service sponsors can impart to their sponsees the pleasure of involvement in the work of Alcoholics Anonymous. This is best done by stressing the spiritual nature of service work and by pointing out the usefulness of simple footwork and faith. Now, through knowledge and experience, the newer member is aware that service is our most important product after sobriety. With this knowledge, the individual is able to share their vision with others and ensure the future of Alcoholics Anonymous.

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### Monthly Tradition Reading & Discussion

• **Tradition 5** Robin H- Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose—that of carrying its message to the alcoholic who still suffers.

Next Month's Reader:

### 7<sup>th</sup> Tradition

• We have no dues or fees in A.A. We are entirely self-supporting, declining outside contributions. This self-support includes our rent for this room, the coffee and refreshments, and contributions to our Intergroup, District, Area and GSO in New York.

**Housekeeping Motions-** These are procedural motions and pass with no objections. If the motion does not pass it will move to new business.

### Officer Reports

**Chair** – Brian T. [chair@aanapa.org](mailto:chair@aanapa.org) Thanks to the Officers and Reps for their service! Next month I will not be able to attend the Monthly Business Meeting, in my absence David H. will fill in as Chair. Please come and help him set up the meeting.

We have a lot going on with the IG Inventory and Web Committees on top of our regular business. We are making steady progress and the IG Inventory is just about wrapped up! I want to thank the group for their participation and perseverance in completing the five IG Questions.

The Anniversary Party needs a Chair Person/ Group, please spread the word.

**Alternate Chair** – David H. [altchair@aanapa.org](mailto:altchair@aanapa.org)

**Treasurer** – Donna R. [treasurer@aanapa.org](mailto:treasurer@aanapa.org)

June Treasurers Report						
CHECK REGISTER				STARTING BALANCE	\$ 12,846.22	
DATE	CK #	PAY TO THE ORDER OF	PURPOSE	DEBIT	CREDIT	
4/6/17	debit	Network Solutions	Website	\$ 12.95		
5/8/17			deposit		\$ 373.95	
5/13/17	2085	Brian T.	IG Printing	\$ 46.91		
5/13/17	2086	Dave H.	Donuts, etc.	\$ 27.19		
5/26/17	debit	Freedom Voice	hotline	\$ 66.82		
5/25/17	debit		Literature purchase	\$ 505.97		
				<b>Totals</b>	<b>\$ 659.84</b>	<b>\$ 13,220.17</b>
				<b>Ending Balance</b>	<b>\$ 12,560.33</b>	
GROUP CONTRIBUTIONS 2017			May			
Hut Group			\$ 900.00			
Intergroup			\$ 35.00			
Serenity Group			\$ 711.15			
Sunset 1-Yountville			\$ 50.00			
<b>Total</b>			<b>\$ 1,696.15</b>			

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	2017												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Total
<b>INCOME</b>													
ALCATIONS & ANNIVERSARY PARTY	208.44	178.23	182.38	178.34	133.80								\$ 200.44
BIRTHDAY MEETING	270.35	568.42	177.42	132.27	168.84								\$ 298.10
CONTRIBUTIONS	2591.45	1772.00	1021.36	222.55	104.50								\$ 7,252.27
LITERATURE SALES		919.42	2,317.83	1771.26	1994.45								\$ 1,576.23
<b>TOTAL</b>	<b>\$ 3,058.24</b>	<b>\$ 919.42</b>	<b>\$ 2,317.83</b>	<b>1771.26</b>	<b>1994.45</b>								<b>\$10,001.20</b>
<b>EXPENSE</b>													
ALCATIONS	598.86												\$ 598.86
ANNIVERSARY PARTY In October													\$ -00
BIRTHDAY MTG	180.00	180.00	180.00	180.00	180.00	180.00	180.00						\$ 700.00
Birthdays	80.00	110.45	39.37	162.03	31.98								\$ 423.81
Miscellaneous	285.00												\$ 285.00
HOTLINE													\$ -00
Freedom Voice	65.05	65.05	65.05	65.05									\$ 260.20
NV Publisher-ads (Napa Register Ad)	225.46	218.12	218.12	218.12	218.12	218.12							\$ 1,316.08
GROUP													\$ -00
Copies	54.73	41.48	31.96	87.20	46.91								\$ 262.28
Insurance		429.00	132.00										\$ 429.00
Postage	10.00	10.00	10.00	10.00	10.00	10.00	10.00						\$ 70.00
Food	34.88	26.31	30.00	30.20	27.19								\$ 120.00
Supplies													\$ 148.38
LITERATURE													\$ 2,277.09
Books & Pamphlets	202.98	18.47	1231.06	521.59	505.97								\$ 438.25
Schedules				235.27									\$ 368.00
Sales Taxes	368.00												\$ 368.00
NEWSLETTER													\$ -00
WEBSITE													\$ -00
Network solutions	24.98			12.95									\$ 37.93
Mobile App													\$ -00
WORKSHOPS													\$ 250.00
OTHER													\$ -00
Prudent Reserve	2,048.74	1,014.88	2,107.56	1,442.41	940.15	328.12	110.00	10.00	10.00	10.00	10.00	10.00	\$ 2,000.00
<b>TOTAL</b>	<b>\$ 2,048.74</b>	<b>\$ 1,014.88</b>	<b>\$ 2,107.56</b>	<b>\$ 1,442.41</b>	<b>\$ 940.15</b>	<b>\$ 328.12</b>	<b>\$ 110.00</b>	<b>\$ 10.00</b>	<b>\$ 10.00</b>	<b>\$ 10.00</b>	<b>\$ 10.00</b>	<b>\$ 10.00</b>	<b>\$979,816</b>
H&L collected (this is from mtg and G mtg H&L Collections)	25.50	24.61	34.83	22.52	9.47								H & L total 116.93

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**Secretary** - Jenna B. [secretary@aanapa.org](mailto:secretary@aanapa.org)

**Literature Chair** - Robin H. [literature@aanapa.org](mailto:literature@aanapa.org)

**Hotline Chair** – Brian C. [hotline@aanapa.org](mailto:hotline@aanapa.org)

**Web Editor** – Duncan L. [webeditor@aanapa.org](mailto:webeditor@aanapa.org)

**Meeting Schedule Chair** –Dawn R. [meetings@aanapa.org](mailto:meetings@aanapa.org)

**Newsletter Chair** – Cheryl G. [newsletter@aanapa.org](mailto:newsletter@aanapa.org)

**Delegate at Large** – Paul N. [delegate@aanapa.org](mailto:delegate@aanapa.org)

**Birthday Meeting Chair** – Roy B & Paul M. [birthday@aanapa.org](mailto:birthday@aanapa.org)

**Liaison/Committee Reports**

**Liaison to General Service -**

**Liaison to H & I -**

**Liaison to NAPYPAA -**

**Financial Oversight Committee** – Eliseo R. and Erik S.

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## **Event Report**

**2017 Anniversary Party – OPEN POSITION-** Katherine secured a location for anniversary party: Crosswalk Church Oct. 21st (Saturday)

**Alcathons – Chair Position Open – (2 year sobriety requirement)**

*Review ByLaws*

- **2016 Christmas Alcathon-** Report
- **2016 New Year’s Alcathon-** Report
- **2017 Thanksgiving Alcathon-** Jenna B.
- **2017 Christmas Alcathon-** **OPEN**
- **2017 New Year’s Alcathon-** Robin H.

**Workshops - Chair Position Open – (2 year sobriety requirement)**

- **2017 Workshop #1 –** Eliseo - LGBTQ in sobriety April 10 (Monday Night) 7pm @ Crosswalk in Heritage Room (Report needed)
- **2017 Workshop #2 –** Katherine C doing a 4th step workshop
- **2017 Workshop #3 –** Elaina S. - Psychotropic medications in sobriety
- **2017 Workshop #4 –** Duncan L. - *(In Discussion) Recovering Mentally and Physically: Yoga and the 12 Steps*

## **Ad-Hoc Committee Reports and Discussions**

**Ad Hoc IG Inventory Committee:** Working together to submit a condensed version of the IG Inventory and a Intergroup Flier. Reached out to the Officers and asked their input on what their commitment is and how the Fellowship benefits from the different positions in Intergroup.

***Action Items for Questions 1&2: Regarding Group Purpose and Communication***

- Pamphlet folding party
- Pick a “Meeting Out of the Hat”.

***Suggested Action Items for Question 3: Regarding reaching out to the PI/CPC***

- Need to make a motion to add a Intergroup Liaison to PI/CPC (see New Business)

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### ***Suggested Action Items for Questions 4: Regarding Service Sponsorship- COMPLETE***

### ***Suggested Action Items for Questions 5: Regarding IG Reps and their job de- scription.***

Is anybody available to create a IG Rep Newcomer Packet?

- Intergroup Representative New Comer Packet Including:
  - A. Phone List
  - B. By-Laws
  - C. Schedule
  - D. IG Flier

### **Ad Hoc Website Committee:** Facilitated by Brouck H.

This Committee's goal is the following:

1. *Evaluate the status of the current and possible new Website. COMPLETE*

#### **Current:**

We can post items and can be updated. The current web page has more content than needed. We need to discuss evaluating the content. Uploading items, modifying and the mobil site is difficult to manage people. Currently there are two site within the larger site because of the mobil site. Cumbersome and design issues. Action? None at this time.

#### **New Site:**

Basically a frame work or a back bone is in place. Formatting is complete. Meetings are in place. We are at 25% complete approximately 20-25 hours before a switch over.

2. *Discuss the steps to switch over the Website. Action Items?*

1. Print out all pages by topic so we have all the text in front of us.
  - A. How will this happen? Duncan will accumulate Website pages and PDF. Then we as a group can review and discuss. **COMPLETE**
2. Evaluate the Text, Revise Language (**IP**)
3. Evaluate the Content (**IP**)
4. Evaluate Links
5. Plan out Menu Items or "Buttons"

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6. Load test Website with revised content
  7. Switch Web Hosting Company from Network Solutions to In Motion Hosting. Email will happen at this time too.
  8. Go live with New Site
3. *Discuss what IG should be putting on the Website before we switchover.*
1. What is the purpose of the site?
  2. Evaluate the Home Page, what's most important?
  3. Flier, Newsletter, Announcements. Where will these go?
4. Officer Email and how will this be affected? See step 8
5. Define Webeditor responsibilities. Action Items?
6. IG Data Storage
1. Where can we store the Pass it On, By Laws, Bank Info, Fliers, Alchathon and Anniversary Party Info?
7. Agenda and date for next meeting?

**Next Meeting Date: Tuesday 6/13 6:00 to 7:00pm**

**Next Meeting Agenda:**

1. Evaluate the Text, Revise Language
2. Evaluate the Content
3. Evaluate Links
4. Plan out Menu Items or "Buttons"

**Old Business-** motions made and discussed in new business become old business and voting occurs.

- I. Byron- I motion to have a 5th workshop this year.  
(IG has budgeted for 4 workshops) a 5th workshop would potentially cost \$125.00  
Byron is asking to increase the budget or if there are left over funds from the other workshop to use.



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**New Business-** action item, a motion is made, clarification and discussion follows. Please email new business items to [chair@aanapa.org](mailto:chair@aanapa.org) by the Wednesday prior to the Intergroup Meeting. New Business items need to be written down prior to making a motion.

- I. IG Inventory motions to add the following to the By-Laws under "Liaisons". This commitment is an Intergroup Liaison to PI/CPC. An Amendment to the By-Laws requires a 2/3rd vote.

### Liaison to PI/CPC

- Provides a monthly written and oral report to PI/CPC in regards to the most recent Intergroup Meeting.

**Discussion Items-** *general discussion about your group or simply what's on your mind.*

- I. Workshop Yoga and 12 Step. Group of AAs who practice yoga as a function of sobriety. Utilize yoga as a way of spiritual recovery. Wanted to put together a workshop to educate people about the benefits of yoga and how we utilize yoga as a part of their recovery. Does this fall in line with our traditions?
- II. Is Psychotropic drugs in sobriety an outside issue?
- III. Where do we start with a workshop? What are the steps for a workshop? What qualifies as a workshop.... what is the purpose of a workshop? Maybe we need to define these things for the by-laws.
- IV. Bringing Back the Communications Committee: Committee designed to communicate more effectively with the valley. Some kind of oversight committee is not a bad idea. Maybe create an Emergency Communications Committee who would already be in place if there was another emergency like a fire or earthquake. We need to come up with a purpose statement for the committee.

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**Take Back To Your Groups**

- Change to Queen of the Valley (7:30 Big Book Study Meeting) Conference room A 3rd Floor.
- Hotline positions and 12-step call positions are needed, especially women. Call the hotline and leave message if you are interested in volunteering 707-500-7001 (Hotline number)
- Xmas Alcathon is open
- Anniversary Party is open and we have a date of Oct. 21st @ Crosswalk Church, we just need a chair.
- Setup/clean up is needed at the Birthday meeting. Set up begins at 5:30 and clean lasts between 30 - 45 minutes after the meeting ends.
- NAPYPAA meets at NRRC on 1<sup>st</sup> and 3<sup>rd</sup> Sunday of the month at 6pm.
- Contact Dawn at 707-815-5524 for meeting changes.
- Please let treasurers of groups know that their H&I distributions need to be sent to H&I and not to IG. Only IG disbursements go to IG
- New meeting at Crosswalk 7-8 Monday night LGBTQ meeting
- Unity Day is happening July 15. Feel free to help with that.

**Closing Statement**

**The Responsibility Statement:**

*I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.*