

H&I Report

Sept 10, 2023

H&I welcomes anyone to join us at our monthly business meeting 6:45 pm on the first Friday of the month at the Sea Scout Building 402 Riverside Drive Napa, CA 94559. Learn about the workings of H&I and how to get involved. Did you know that there are facilities that you can attend without filling out clearance paperwork, make a commitment or even share? Currently Area 51 brings 26 meetings a week and literature to the Women's Jail, Men's Jail, Men's Jail Spanish, California Medical Facility, Crestwood Behavior Center Vallejo, Crestwood Behavior Center Angwin, National Vallejo, Napa South Shelter, Napa State Hospital Spanish, Napa State Hospital English, Queen of the Valley Hospital, SHAMIA house and Vallejo Detox. You can learn more about H&I by going to <http://www.handinorcal.org> or by contacting John Curnutt 707-477-0422 john@curnutt.org

Summary

Napa Jail: Some signs that applications are starting to be processed and some volunteers have been contacted for clearance next steps. Word is that there is a backlog of applications to be processed for all volunteer operations in the county system.

Open Positions: Crestwood Angwin

From Coordinator Jim W. - Please announce that this H&I commitment is available to volunteers who are willing and able to do service at Crestwood. Staff and meeting times are flexible, giving volunteers a range of days and time of day to bring in a meeting. Please let me know if individuals are willing to explore the possibility of doing service and when they are available. I can then find out if it works with staff.

Service Focus

This month's H&I service focus on **Shamia House** a Bi-Bett residential treatment option for Women in Vallejo.

Bi-Bett is a California Non-Profit Corporation founded in 1969 which provides Substance Use Disorder (SUD) treatment services in Alameda, Solano and Contra Costa Counties. Bi-Bett plays an important role in the community providing desperately needed treatment services with an array of intensities which include Withdrawal Management (Detox), Residential, Perinatal, Outpatient and DUI outpatient counseling programs. Bi-Bett continues to strive to fulfill its mission: to provide effective and affordable human services to individuals, families and communities with alcohol and drug-related problems in the belief that everyone has value and can grow through change if given one's rightful opportunity to choose. Our goal is to create culturally appropriate alcohol and drug-free environments in which one may experience personal and social growth.

Shamia House is a Program for Women including Perinatal Treatment in a residential setting and tailors treatment for pregnant and parenting mothers that are struggling with Substance Use Disorders (SUD). Women in this treatment setting have the flexibility of bringing their children (up to 5 years of age) with them into treatment in order to support the family with a number of real-world life skills such as parenting and coping skills, to name a few. Perinatal residential treatment length of stay varies depending on one's level of functioning and unique needs but can range anywhere from two weeks to 3 months.

From SHAMIA House Coordinator - Beth

Things are going very well at the Shamia H&I meeting. They are wrapping up some of the construction there so the resident capacity has grown making for larger meetings. We are in good shape for literature with the exception of a couple of things Kimberly is going to be picking up. We have been using the AA book "Living Sober" the last few weeks as a format which the ladies really seem to be enjoying.

Feel free to contact john@curnutt.org for more information to volunteer.

For Discussion and Further Thought: Should our group pass the pink can?

Due to the pandemic and closed facilities NorCal H&I has built up a large prudent reserve around \$300K. Note that H&I distributed \$342K in literature for 2022 and is expecting to increase distribution with rising costs and more institutional meetings going live. The past has taught us that it is hard to re-start passing the pink can once it has stopped. It is up to your group to pass the pink can or not. H&I has no opinion on this.

Online Contributions

Make credit card contributions online and get an immediate receipt: www.handinorcal.org/contribute Please make sure to write on contribution checks AREA 51. This allows H&I to track donations by the Napa area.

H&I business meeting is back to in person meetings at the Sea Scouts.

Next meeting on October 6th in person Sea Scouts 6:45pm.