

Napa Valley Intergroup Meeting Minutes

August 12, 2023

TAKE BACKS:

- NVIG Officers are requesting that each group and/or meeting body put forth the contact information of a regularly attending individual who can be responsible for consistent virtual/hybrid dial in numbers (send to secretary@aanapa.org)
- Available NVIG Service Commitments 2023: District Liaison
- Currently, the aanapa.org app is sending people to the New York website to order literature. **Please be sure to contact Mary by email Literature@aanapa.org**
- Hotline needs volunteers! If you can volunteer time during the week to be on-call, please contact Erik H. to get more information. We want the hand of AA to always be there when anyone, anywhere reaches out for help.
- Remember to add memo in any checks written, to identify allocations
- Open District 11 Service Positions: Recording Secretary, Archives Chair, Intergroup Liaison, Accessibilities Chair
- Lots of events are happening! Check out the websites: aanapa.org or cnca06.org
- Beginners Meeting – Every Friday at 5:45pm at the Crosswalk Church. The meeting is hybrid and continues to need support

Call To Order – 10:00 a.m.

A Moment of Silence followed by the *Serenity Prayer*

New Rep Introduction

New Intergroup Reps and Officers packets can be found on aanapa.org

<https://aanapa.org/service/intergroup/welcome-new-intergroup-reps>

Please provide your email and contact information to the Secretary.

Stuart – H&I Representative

Meeting Participant Introductions – 16 in attendance

Sobriety Birthdays – Mary: 22 Years!

Review and approval of minutes – Minutes approved as submitted.

Monthly Tradition Reading from 12 Traditions Illustrated & Discussion

Reader: Jay B – Tradition 8

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

- Jay B. read Tradition 8
- Laura will read Tradition 9 at September 2023 NVIG meeting.
- Discussion: Continued sobriety is payment and a form of gratitude for all of those in service, including sponsors.

7th Tradition

We have no dues or fees in A.A. We are entirely self-supporting, declining outside contributions. Visit <https://www.aanapa.org> and use the Venmo link or mail your contribution to NVIG, P.O Box 10948, Napa, CA 94581-2948.

Venmo link for IG contributions: <https://www.venmo.com/u/NapaIG-AA>

Housekeeping Motions

None.

REPORTS

Chair: Frank F.

chair@aanapa.org

Greetings to All,

It's never too early to begin the subtle and steady planning for our upcoming Alcathons. This year we have a newly introduced Special Events Coordinator to serve as our point person to best assist in just that. Our sober sister Joy has graciously volunteered for this valued service commitment. You'll soon begin to hear her speak at meetings as to our need to find groups willing to sponsor these events. The aim is to fill these open slots as early as we can so as to provide smooth sailing into the Alcathon Season.

On another note: Dear IG Reps and Secretaries, please get word of any deviation to your meeting location, time, format and zoom accessibility to meetings@aanapa.org so we can keep the printed and web-based schedules accurate to the very best of our ability.

Warmest Thanks,

Frank F.
Chair NVIG
707-478-2886

Discussion:

- Alcathon Discussion – all alcathons must utilize the approved budget forms to submit to the Treasurer
- Meeting Changes must continue to be sent in to reportmeetingchanges@aanapa.org

Alternate Chair: Ann E.

altchair@aanapa.org

Nothing to report.

Secretary: Patty B.

secretary@aanapa.org

Please continue to send updated contact information to secretary@aanapa.org for Intergroup Reps.

Literature Chair: Mary W.

literature@aanapa.org

July 2023	Literature Report	
Dave M Men's Stag	2 BB,	24.00
Mike B	5 BB, 10 Living Sober	120.00
Elisabeth B, Sun nite BB study	3Big Books, large print	36.00
Holly M. Thursday Topic Discussion	1 As Bill Sees It Soft cover, 2 Daily Reflections	36.00
Donation		1.00

TOTAL \$217.00

The online literature order form is up and running. It, as well as the Printable Literature Order form, can be found on our website - aanapa.org. Select "Resources", Select "Literature", select "Online Literature Order form" or "Printable Literature Order form". Both order forms have been updated to reflect the new prices.

Currently, the aanapa.org app is sending people to the New York website to order literature. Please be sure to contact Mary by email Literature@aanapa.org

Hotline Chair: Erik H.

hotline@aanapa.org

I conducted some tests on the hotline and verified the issue that was being reported by some volunteers. Calls were ringing one time and then dropping. The caller would then be directed to voicemail instead of being connected with a volunteer. Some calls were getting answered making it difficult to diagnose. I spent some time talking to support with Freedom VOICE, our provider, and the issue appears to be resolved. I will continue to test periodically and monitor performance in the coming months.

There were 30 calls seeking to speak to a man, 5 calls seeking to speak to a woman and 23 calls to the general extension. Most calls were short lasting less than a minute, likely not connected. There were 5 call lasting longer than 5 minutes including 1 over 45 minutes.

Male Line: 30 Calls

Female Line: 5 Calls

General Extension: 23 Calls

Most calls were short lasting less than a minute, likely not connected.

There were 5 calls lasting longer than 5 minutes including 1 over 45 minutes.

Erik H. will be unable to attend.

Corrective measures were taken to restore functionality of the hotline.

Hotline needs more volunteers!

Web Editor: Alex W. (Intergroup)

webeditor@aanapa.org

Website Committee Chair: Jeff D. (District 11)

No Report Submitted.

IOS devices are presenting application abnormalities, which is currently being investigated. Web Editor has been occupied with many meeting changes and auditing the content and functionality of the website.

Meeting Schedule Chair: Jo M.

meetings@aanapa.org

Printed schedules had another printing of a relatively small batch for Summer. This position is open—that of Printed Schedule Chari or Coordinator. Alex and the web maestros continue to work on a schedule download from the web to print form, so this position of printed chair would be even easier, soon. Please contact Frank or check Crosswalk and Sea Scouts for printed schedules.

Newsletter Chair: Catherine F.

newsletter@aanapa.org

No Submission.

Frank will reach out. This may be an open position.

Delegates at Large: Katie Z. and Bill C.

delegateatlarge@aanapa.org

Thursday Night – 8:00pm

Brother Bill is currently deployed. Katie was unable to attend.

John will contact Bill to see if he needs a substitute during his deployment.

General Service Liaison: Jo M.

District Liaison position is still open. I missed the meeting this month and the report back is not yet on aanapa.org, but it will be soon. Look under “Service” in the sidebar menu and District 11, District Reports, then DBM Report Backs (District Meeting Meeting—DBM). There are service positions open! 2 years of sobriety and you need not be a General Service Representative (GSR).

Upcoming Events:

Beginners Meeting – every Friday at 5:45pm at Crosswalk Church. Looking for Meeting Secretaries (6-week commitment)
Please continue to announce at your meetings. Hybrid.
Zoom Meeting ID: 868 9882 8555 Password: 013 485

12 Concepts: Women in Service Workshops

Monthly via Zoom, July – December
Registration info at www.dailywomensmeeting.com

ICYPAA International Conference of Young People in AA

September 1-4, Marriott Marquis, 780 MissionSt, SF, CA Please go to www.icypaa.org for more info and to register

Other events and registration contacts:

26th National AA Archives Workshop, September 7-10, Sudbury, Ontario, CANADA www.naaaw.org or archivist@area84aa.org

Bridging the Gap Workshop Weekend

Houston, TX, 9/8-10/2023, contact: LauraS (612)3098385 or coordinator@btgww.com

8th Annual Hispanic Women’s Workshop - Hybrid

Saturday 12/9/23, Westminster Presbyterian Church, 1757 N. Lake Ave. Pasadena, CA 91104 Zoom: 891 3842 5577 passcode: area05

National AA Technology Workshop – Hybrid

September 8-10, Shenandoah University, Winchester, VA. <https://naatw.org>

Hospitals and Institutions Liaison: VACANT

H&I welcomes anyone to join us at our monthly business meeting 6:45 pm on the first Friday of the month at the Sea Scout Building 402 Riverside Drive Napa, CA 94559. Learn about the workings of H&I and how to get involved. Did you know that there are facilities that you can attend without filling out clearance paperwork, make a commitment or even share? Currently Area 51 brings 26 meetings a week and literature to the Women's Jail, Men's Jail, Men's Jail Spanish, California Medical Facility, Crestwood Behavior Center Vallejo, Crestwood Behavior Center Angwin, National Vallejo, Napa South Shelter, Napa State Hospital Spanish, Napa State Hospital English, Queen of the Valley Hospital, SHAMIA house and Vallejo Detox. You can learn more about H&I by going to <http://www.handinorcal.org> or by contacting John Curnutt 707-477-0422 john@curnutt.org

The Big News

The New Napa Jail Applications have been turned it to start the lengthy onboarding volunteer clearance process. Thank you to all those who have volunteered to go back into the County Jail once it opens.

Financials July 2023

This month was a reversal of last month's performance, with the highest contributions so far this year and the lowest literature orders. Our monthly cash flow was positive \$19,005, reducing our cumulative losses for the year to <\$61,197.98>. The Finance Committee will meet after the August numbers are out, at which time we'll prepare our 2024 budget and make a recommendation on the metric we'll use to determine our recommended cash reserves of six month's expenses. Our financial condition remains 'neutral', since our negative cash flow now exceeds our budgeted amount by almost \$30,000.

Napa - July \$345 - YTD \$5960

NorCal - July \$51684 - YTD \$265,722

NorCal

Cash in Prudent Reserve = \$ 154,961.86

Cash in Operating Acct = \$ 149,789.47

Total Cash on Hand = \$ 304,751.33

Open Positions

This month focus on Crestwood Behavior Center Angwin

Crestwood Center is a Mental Health Rehabilitation Center located in Angwin, amidst the beautiful hills of the Napa Valley. The facility provides a versatile array of classes for clients to participate in during their recovery program and encourages active participation in treatment planning from the moment of admission.



The facility also exemplifies Crestwood's commitment to providing mental health clients with the kind of care that puts them on the road to recovery. All clients at this center, regardless of their treatment focus or their specific program details, are eligible to participate in the Wellness Recovery Action Plan (WRAP) program, a self-help recovery system designed to decrease symptoms, increase personal responsibility and improve their quality of life.

Crestwood Center at Napa Valley takes a trauma-informed approach to care. Understanding the trauma a person has experienced and the impact it has on their lives and behavior, and understanding the vulnerabilities or triggers are essential to helping a client reach their recovery potential. The understanding of a client's experiences strengthens and helps to build a rapport with them. It also builds a trust and understanding which enables us to intervene successfully and help us to develop approaches that do not exacerbate or re-traumatize them. This trauma informed approach facilitates the clients healing and recovery process as well as empowers them.

"To the world we may be one person, but to one person we may be the world." -Unknown

From Coordinator Jim

Thus far, the H&I participants are myself, Catherine F. and Kelly G. (Kathy and I go in weekly, Kelly joins us on the first Sunday of each month.)

We continue to read the stories in the Big Book. The patients seem to enjoy this the most and are beginning to contribute significant shares after the reading. Attendance varies between 6 and 12-15 patients.

Please announce at the business meeting that we would welcome anyone willing to join this effort is more than welcome. Once a month would be ideal. I'd be pleased to meet and conduct the meeting with them even on a trial basis.

Feel free to contact john@curnutt.org for more information to volunteer.

For Discussion and Further Thought: Should our group pass the pink can?

Due to the pandemic and closed facilities NorCal H&I has built up a large prudent reserve around \$300K. Note that H&I distributed \$342K in literature for 2022 and is expecting to increase distribution with rising costs and more institutional meetings going live. The past has taught us that it is hard to re-start passing the pink can once it has stopped. It is up to your group to pass the pink can or not. H&I has no opinion on this.

Online Contributions

Make credit card contributions online and get an immediate receipt: www.handinorcal.org/contribute Please make sure to write on contribution checks AREA 51. This allows H&I to track donations by the Napa area.

H&I business meeting is back to in person meetings at the Sea Scouts.

Next meeting on September 1st in person Sea Scouts 6:45pm.

Financial Oversight Committee:

financial@aanapa.org

Financial Oversight Committee met with NVIG Treasurer.

Discussion:

- There is budget available to sponsor workshops
 - Workshop Budgets - \$150

- Up to 4 workshops
- One in progress
- FOC check-in with Treasurer
 - Will create a template and guideline for treasurers

Birthday Meeting Co-Chairs

birthdaymeeting@aanapa.org

Meghan T. & Heather B.

July 28, 2023

7th Tradition: \$139.00

H&I: \$13.78

Total Income: \$152.78

Total Expenses: \$55.00 - Cake \$25.00, Coffee Supplies \$30.00

Net Income: \$97.78

Treasurer: Christina (Tena)

treasurer@aanapa.org

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
INCOME												
7TH TRADITION:												
Incl. Anniv. Party, Alcahons, & workshops*												
BIRTHDAY MEETING												
GROUP CONTRIBUTIONS												
LITERATURE SALES												
Paypal/Venmo												
Donations												
EXPENSE												
ALCAHONS (3 @ \$850 each)												
ANNIVERSARY PARTY												
BIRTHDAY MTG												
Rent												
Supplies & Zoom												
returned check												
HOTLINE												
Freedom Voice												
I-GROUP												
Copies												
Insurance												
PO Box												
Rent - Crosswalk Church												
Supplies & Zoom												
Storage												
Misc: Paypal/Venmo												
LITERATURE												
Books & Pamphlets												
Schedules								\$601.48	\$63.84	\$199.07		
Sales Tax												
NEWSLETTER						\$178.03						\$53.45
WEBSITE												
In Motion Hosting						\$233.88	\$19.99					
WORKSHOPS (4 @ \$125 each)												
PROJECTED DISBURSEMENTS							\$647.00					
TOTAL												
H&I COLLECTED	\$26.15		\$37.27	\$41.03	\$71.23	\$98.65	\$22.06	\$45.34	\$36.37	\$21.21		
* Includes Group Donations to IG Events												
Prudent Reserve Reserve = \$4,500 (3months prorated operating expenses)												

Treasurer's Summary July 2023							
Date		C					
Treasurer's Summary July 2023					Starting Balance		\$10,146.83
Date	Check #	Payee		Debit	Credit		
7/28/2023			Deposit			\$1,486.61	
7/21/2023		Zoom		\$31.98			
7/3/2023		Freedom Voice		\$66.82			
7/31/2023		Freedom Voice		\$66.82			
7/10	2349	CNCA		\$2,500.00			
7/10/2023	2348	GSO		\$565.00			
Group Contributions							
Serenity on Saturday	\$214.99						
Being Quiet	\$63.53						
Hut Group	\$840.00						
June Birthday	\$131.09						
Literature Sales							
Topic Discussion	\$36.00						
Men's Stag	\$25.00						
Michael B.	\$120.00						
Elisabeth B.	\$36.00						
Total Deposit	\$1,486.61						
					Ending Balance		\$8,402.82
Pending							
#2276	District 11	\$2,500.00					
#2350	Alex Weeks	\$500.00					

Discussion:

- With Financial Oversight Committee
 - Compose a recommendation for balance
 - Determine disbursement frequency - \$10,000 in reserve is high
 - Reserve
 - Treasurer help guide and templates to be generated
- Reminder to add memo in any checks written to identify allocations
- Freedom Voice clarification

New Business:

None.

Old Business:

- AA Summer BBQ
 - Mike B. reviewed financials submitted & provided clarifications, including:
 - One-time purchases: cotton candy & snow cone machines

- Donations listed as expenses to show real costs of events
- Will submit the approved form of the financials this week

Open Positions:

Available Service Commitments 2023:

- ~~H&I Liaison~~
- District Liaison
- ~~Printed Schedule Chair~~

Mandy B. requested a description and expressed interest in the Printed Schedule Chair position. She was nominated and selected as the new Printed Schedule Chair.

Stuart introduced himself as the H&I Representative (Liaison).

Announcements:

Next Meeting: [Saturday, September 9, 2023 10:00am \(Officers at 9:00am\)](#)

Closing: 11:13am

The Responsibility Statement

"I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."